Prout After-School Clubs

2024-2025

THE HIDDEN X P

Join us in spreading awareness about student-athlete mental health!

When: Every

Thursday @ 7:30 AM

Where: Room 960

(Mr. McCoy's classroom)

What do we do?

Meetings include
planning events,
watching resource
videos, group
activities, and snacks!

EVERYONE is welcome, athletes and non-athletes!



Ski and Snowboard Club

Classroom Code: qu5ppmu

- -Ski trips to resorts in New Hampshire and Vermont
- -All skill levels welcome!

-In the works: Ropes Course and White Water Ra









YEARBOOK CLUB

Where do we meet?

Occasionally in Campus
Ministry but mostly work from
home.

Who runs the club? Ms. Araujo

When do we meet?

Assignments are done mostly individually, on your own time and at your home. We do have an occasional quick meeting.

What do we do?

Work on taking photos of different school events such as sport teams, performances, art shows, spirit week and more. We also design the yearbook, and do the page layouts.

The Prout Photography Club





Help Capture the 2024-2025
School Year
Memories!!!









Italian Club

Meets twice a month

Activities:

- Bocce
- Coffee and cookies
- Movies
- Karaoke
- Games
- Other activities as planned by the members



TEAM OTTO

MODETZATOTZ Mr. Cox

WHO'S OTTO? Prout's mascot

WHAT WE DO

- Build up school spirit at games and events
- <u>Performer:</u> Be Otto at games
- Handler: Be Otto's security guard

WHEN DO WE MEET?

- Once or twice a season as a whole team to plan and share feedback
- Individually or in pairs at all home games and events



FOLLOW US ON INSTAGTZAM!

@team_otto_prout

Dance Club Room 103 Organizer: Mrs. Smith

- Club will meet every other Monday
- 2:30-3:30pm
- Learning new combinations each class
- Different genres of dance (Jazz, hip-hop, tap, ballet, etc.)
- Possible guest teachers
- Snacks included!!

Google Classroom Code:

rv5hse3



Open to dancers of all levels, come join us for some fun!!









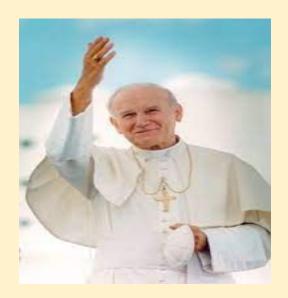


SAINT JOHN PAUL II CLUB

We meet every **Thursdays from 2:30-3pm** in room 420

We watch great movies about the life of Saint Paul II

His life was totally inspiring!



BLESSED CARLO ACUTIS CLUB

How can a 21st century teenager become a saint??

Watch movies about Blessed Carlo Acutis.

He died at age 15 in 2006 and last year

His body was exhumed totally incurrupted!

WHAT?????????????

Come and be inspired

Tuesdays in 420 2:30-3pm



Morning Prayer

Every morning from 7:45 - 7:55 in the chapel.

All are welcome!



Community Service Club



Meets Tuesdays at 7:30 am in the library

Get your required service hours by joining us in our monthly service projects!



Classroom Code: dbk4qlh



Composting and Recycling Schoolwide





Bike to School Day and Eco-Festival in October and May





A CAPPELLA CLUB (THE PROUT BEATITONES)

MODERATOR: Mr. Cox

REHEARSALS: Tuesdays from 2:45-4:00 in the Music Room (760)

WHAT WE DO:

- Sing! "A cappella" = no instruments
- Perform at concerts, community events, games





Members of the Beatitones performing the National Anthem at the Providence Bruins, 2024

JOIN PROUT MUSIC!

CONCERT BAND · JAZZ BAND · CHOIR ·

A CAPPELLA · STRINGS

- Rehearsals before or after school to avoid class conflict
- Honors credit available!
- Perform at the P-Bruins, Roger Williams
 Zoo, Six Flags, and more!



@proutbeatitones @proutschoolmusic





rm. 620 2:47pm Tuesdays w/ M.Elson

Find your Visual Voice.

Independent projects.

Free advice and guidance.

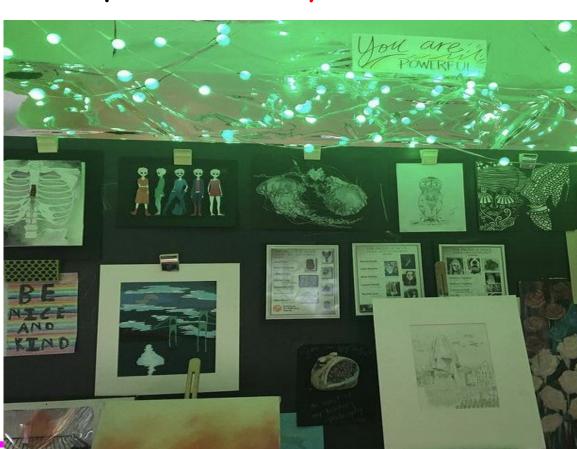
Experiment with media.

Snacks on the random.





Vibes set on Constant.







Who runs the club?

Monsieur Larson and Eleni, Louis et Athanasia

Where do we meet?

Room 510

When do we meet?

Once or Twice a month

What do we do?

- Eat lots of treats!
- Listen to French music
- Play Blooket and Kahoot
- Scavenger hunts
- Have themed parties
- Learn about the French culture and history
- Celebrate different holidays
- Fun challenges
- Have a lot of fun!!!!!!



FOLLOW US ON INSTAGRAM @prout_frenchclub

Spanish Club

el club de español

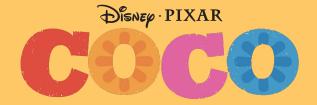
Meetings: Twice a month



Las Actividades

- Board Games
- Movies
- Books
- Food
- Music
- Conversation in a friendly environment





RI Model Legislature

- Do you want to experience what it is like to be a Rep. or Senator at the <u>RI State House</u>?
- Do you want to debate/discuss topics impacting our state?
- Do you have an idea for a new law you would like to implement?
- Join the Prout Model Legislature team
- Where? Room 310 Mr. Sweeney, Moderator
- When? 1 2 meetings a month from October -March (Listen for announcements)





Prout Robotics

Meets: Mondays and Wednesdays

2:30 to 4:30 in the Robotics Room

We welcome people with an interest in design, programming, engineering, or documentation to help design, build, and code our robot! Experience is highly valued and recommended but not required. Treats will be provided!

Moderator: Mrs. delaCruz

Google Classroom Code: qquvz7n







FOOD
AT
EVERY
MEETING

osoph

MONTHLY
MEETINGS
DISCUSSING
CLASSIC
NOVELLAS

MODERATOR IS MR. MULLIGAN

> JOIN OUR BOOK CLUB



Prout Rock Climbing Club



Code: v7g26ik
Moderators: Mr. Mercurio and Mr. McCoy



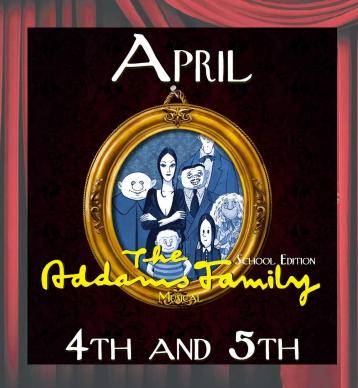
THE PROUT THEATRE COMPANY

NOVEMBER



8TH AND 9TH

- Act
- Build
- Collaborate
 - Design
 - Enjoy



Join our google classroom! n5cwb6v

MATH TEAM

Moderators: Mr. Denkewicz and Mrs. Steere

When: Thursdays (for the start of the year!)

Where: Room 330

Time: 2:30 to 3:30

Google Classroom Code: jozpyj4

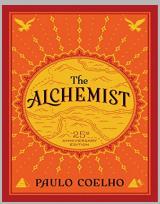
Math team creates a stress free environment promoting student and teacher collaboration, where students learn math and are able to apply their skills to meets, in a competitive and non-competitive setting.

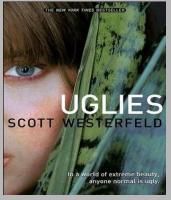
SNACKS ARE PROVIDED!!

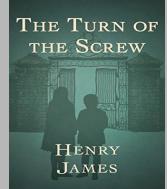
Book Club

- Moderator: Mr. G
- Together we choose one book a month and read it on our own.
- Meeting at the end of each month after school in 340.
- We have snacks and talk about good books!
- Classroom code: uuoaq4c









September Book of the Month

Cat's Cradle - Kurt Vonnegut

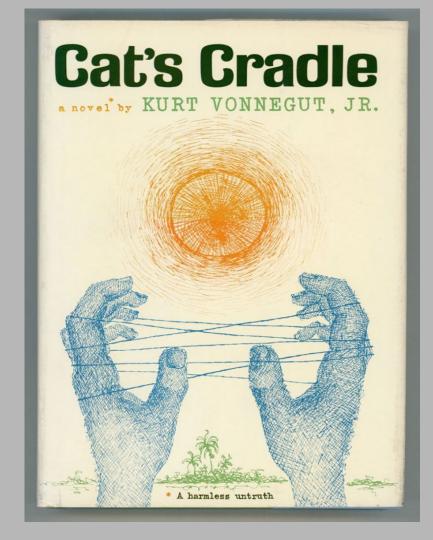
Tiger got to hunt, bird got to fly;

Man got to sit and wonder 'why, why, why?'

Tiger got to sleep, bird got to land;

Man got to tell himself he understand.

Cat's Cradle
KURT VONNEGUT



The Heart Magazine

The Heart is Prout's literary and artistic magazine. We publish student writing, art, and photography.

- Submissions for the fall issue will be open soon.
- Submit your work on Google classroom. Code: hkinn2n

We're looking for staff to create the mag!

For any questions, feel free to see: Moderator – Mr. G

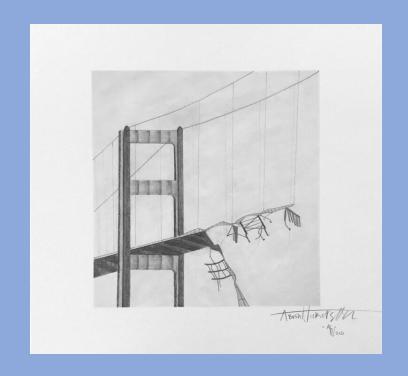
The Heart



March 2021

Samples of Student Artwork





Will Axford, '24

Ashley Bush-Nickerson '23



EVOLUTER EORGE

"We are here to spread awareness to inspire our community about traffic safety, leadership, substance abuse prevention, mental health, and the well being of all"

Who runs the club?

Mrs. Cavanagh & Mrs. Moniz

Where do we meet? In room 440.

When do we meet?

Days TBD-morning and afternoon options.





Follow us @proutyouthforce on Instagram

What do we do?

- Learn about traffic safety
- Discuss different ways to cope with stress
- Attend fun activities like Mocktails
 - We came in first place last two years!
- Host assembles on various topics
- Do fun but informative activities
- Honor our victim throughout the year
 - Victim Adoption Program
- Have a ton of fun!!!







Mock Trial

Meetings: Friday/ Zoom meetings

 Skills Required: Commitment, passion, growth mindset

Meetings are held in Mr. Mercurio's

room







Join us for snacks and games!

- ★ When? Friday, twice a month
- **★** Where? South Commons
- **★** Moderator: Mr. Larson



Academic Decathlon

Theme: Our Changing Climate

Goal: Learn about 10 different topics for a state competition in the spring

Perks: Scholarships + college clout

Moderator: Mrs. Pope

Meet: Wednesdays PM in room 102 and Fridays AM in the library

GC code: e7a6hsy

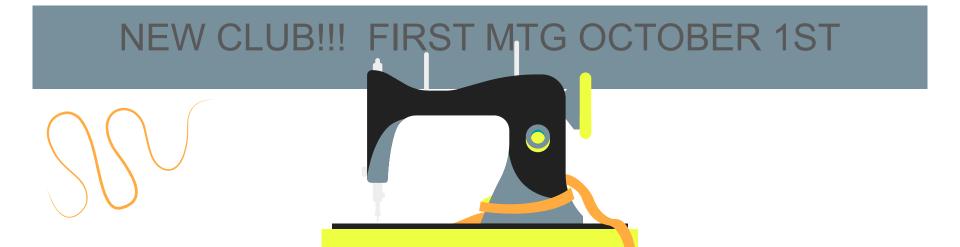


2025 team goals





CARING CASES



Knitting & Tea Club

Want to learn how to knit or maybe just relax after school with a cup of tea?

JOIN THE KNITTING & TEA CLUB

When: Every other Tuesday

Time: 2:40 - 3:30

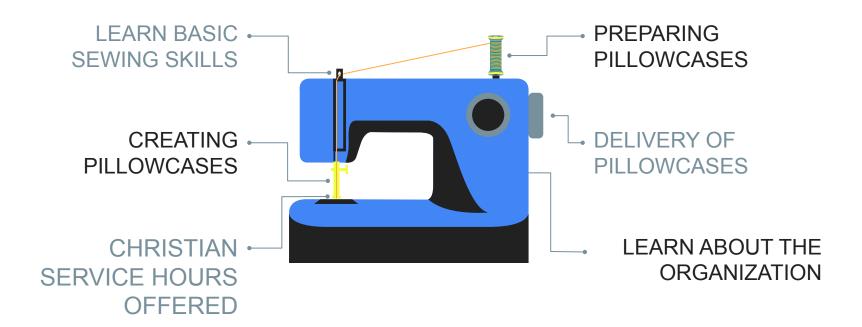
Where: Room 990

Moderator: Mrs. Rich

No knitting experience needed.

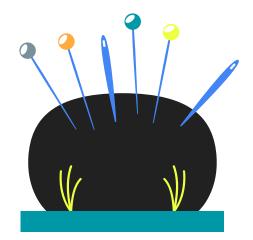


WHAT WE DO



WHY WE ARE INVOLVED

- Support children who are in Children's Hospitals and Foster Care
- Make them feel comfortable in an environment that's not home
- Spreading joy and making a difference





75,000 Children Helped

Annually

Over 362
Hospitals
Participatin
g

Over 2,700,000 Pillowcase Delivered



Peer2Peer Mental Awareness





Educate

P2P plans to educate it's student members about depression, anxiety, suicide, coping skills, and other mental health issues



Support

P2P is creating a school-wide mental health awareness campaign.



Reduce Stigma

P2P is promoting our core messages to help people feel comfortable with asking for help with mental health.









Depression and Anxiety are real brain illnesses



Professional help is effective for Depression and Anxiety



Depression and
Anxiety can take
many forms - it looks
different from person
to person



If you know someone who is talking about suicide, DO NOT KEEP IT A SECRET.
Tell a trusted adult immediately



JOIN MODEL UNITED NATIONS!

-Hone your global awareness

What is Model UN?

- -Develop interpersonal and communication skills
- -Learn about the powers and limitations of international cooperation
- -Visit Yale University
- -Excellent addition to a college resume

TANKE PARKET

Moderators: Mr. Pimentel Ms. Tierney

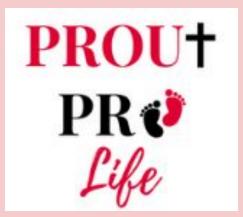


Meets on Thursdays, starting on October 3

Contact Mr. Pimentel or Ms Tierney for further details



Prout Pro-Life Club



Moderators:

Mrs. Finan and

Mr. Mercurio

Meetings:
Twice a month on
Tuesdays and Fridays

Our mission is to promote the sanctity of life from conception to natural death through prayer, service, and education.

SIGN UPS WILL BE AVAILABLE IN THE NORTH COMMONS AT LUNCHTIME ON FRIDAY AND ALL NEXT WEEK,